



NEURODIVERSITY > ADHD > A YOUNG PERSON'S QUESTIONS

A LISTENING TO FAMILIES RESOURCE

ADHD - A Young Person's Questions

Answers to questions about ADHD from a young person with lived experience are provided in a conversation with a Child and Adolescent Psychiatrist and a Teacher - Learning Support Services | Health School Transitions Te Puna Wai O Waipapa Hagley College

QUESTIONS ANSWERED IN THIS SERIES

- Brain stimulation and hyperactivity
- Rushing things, staying focused
- Sensory things
- Curiosity and creativity
- Why do some access services and others not?
- Why do I have ADHD and will symptoms change?

and further questions

WATCH THE FULL SERIES · 8 VIDEO CLIPS

NZ families' questions about the development, health, and wellbeing of children and young people are answered in conversations with local Specialists.

listeningtofamilies.co.nz/adhd/a-young-persons-questions