



HEALTH & MEDICAL CONDITIONS > ALLERGIES AND ANAPHYLAXIS

A LISTENING TO FAMILIES RESOURCE

Allergies and Anaphylaxis

Answers to questions about Allergies and Anaphylaxis identified by families and people with lived experience are provided in a conversation with a Clinical Nurse Specialist Allergy/Eczema and a Public Health Nurse

QUESTIONS ANSWERED IN THIS SERIES

- ⦿ What is an allergy?
- ⦿ Allergic reactions
- ⦿ Reactions - mild, moderate, anaphylaxis
- ⦿ Testing for allergies - skin prick and blood test
- ⦿ EpiPen
- ⦿ Medication - antihistamines

and further questions

WATCH THE FULL SERIES · 9 VIDEO CLIPS

NZ families' questions about the development, health, and wellbeing of children and young people are answered in conversations with local Specialists.

listeningtofamilies.co.nz/allergies-and-anaphylaxis