



MENTAL WELLBEING AND SAFETY > ANXIETY > IN CHILDREN

A LISTENING TO FAMILIES RESOURCE

Anxiety - In Children

Answers to questions about anxiety in children are provided in a conversation with a Child and Adolescent Psychologist

QUESTIONS ANSWERED IN THIS SERIES

- ⦿ What is Anxiety
- ⦿ How do I talk to my child about anxiety
- ⦿ Worrying about your Childs anxiety
- ⦿ Warning signs that the anxiety is getting worse
- ⦿ In crisis
- ⦿ When should I seek help

WATCH THE FULL SERIES · 6 VIDEO CLIPS

NZ families' questions about the development, health, and wellbeing of children and young people are answered in conversations with local Specialists.

listeningtofamilies.co.nz/anxiety/anxiety-in-children