



HEALTH & MEDICAL CONDITIONS > CHRONIC FATIGUE SYNDROME

A LISTENING TO FAMILIES RESOURCE

# Chronic Fatigue Syndrome

*Answers to questions about Chronic Fatigue Syndrome identified by families and people with lived experience are provided in a conversation with an Emeritus Professor, Department of Biochemistry University of Otago*

QUESTIONS ANSWERED IN THIS SERIES

- Introductions and websites/groups
- How is ME/CFS diagnosed
- What to do while waiting for a diagnosis - "wondering what if"
- What not to do!
- Working with the clinician
- Medical appointments

*and further questions*

WATCH THE FULL SERIES · 19 VIDEO CLIPS

NZ families' questions about the development, health, and wellbeing of children and young people are answered in conversations with local Specialists.

[listeningtofamilies.co.nz/chronic-fatigue-syndrome](https://listeningtofamilies.co.nz/chronic-fatigue-syndrome)