



EATING, BODY & DIGESTIVE HEALTH > EATING CHALLENGES > RESTRICTED AND FUSSY EATERS

A LISTENING TO FAMILIES RESOURCE

Eating Challenges - Restricted and Fussy Eaters

Questions about Restricted and Fussy Eaters identified by families are answered in a conversation with an Occupational Therapist/ Feeding Therapy Nourish Feeding Therapy and a Paediatric Dietitian

QUESTIONS ANSWERED IN THIS SERIES

- ⦿ Tips
- ⦿ The 48hr menu
- ⦿ Involving the GP, private and public services
- ⦿ What is ARFID - resources, outcomes
- ⦿ Private options - home visits, upskilling parents
- ⦿ Impact on long term health, genetic or observed factors

and further questions

WATCH THE FULL SERIES · 9 VIDEO CLIPS

NZ families' questions about the development, health, and wellbeing of children and young people are answered in conversations with local Specialists.

listeningtofamilies.co.nz/eating-challenges/restricted-and-fussy-eaters