



HEALTH & MEDICAL CONDITIONS > ECZEMA

A LISTENING TO FAMILIES RESOURCE

Eczema

Answers to questions about Eczema identified by families and people with lived experience are provided in a conversation with a Clinical Nurse Specialist Allergy/Eczema

QUESTIONS ANSWERED IN THIS SERIES

- ⦿ What is eczema?
- ⦿ What are common triggers for eczema?
- ⦿ Is food a trigger for eczema?
- ⦿ The brick wall analogy - scratching
- ⦿ Moisturisers and how to apply them
- ⦿ Resources and professional advice

and further questions

WATCH THE FULL SERIES · 16 VIDEO CLIPS

NZ families' questions about the development, health, and wellbeing of children and young people are answered in conversations with local Specialists.

listeningtofamilies.co.nz/eczema