



EATING, BODY & DIGESTIVE HEALTH > INFLAMMATORY BOWEL DISEASE (IBD)

A LISTENING TO FAMILIES RESOURCE

Inflammatory Bowel Disease (IBD)

Questions about Inflammatory Bowel Disease (IBD) identified by families and people with lived experience are answered in a conversation with a Paediatric Gastroenterologist

QUESTIONS ANSWERED IN THIS SERIES

- Treatment options to manage IBD including infusions
- About IBD, Crohns & Ulcerative Colitis
- Diet, vitamins and lifestyle changes
- Energy levels and fatigue
- Flares and remission
- When is an operation required

and further questions

WATCH THE FULL SERIES · 12 VIDEO CLIPS

NZ families' questions about the development, health, and wellbeing of children and young people are answered in conversations with local Specialists.

listeningtofamilies.co.nz/inflammatory-bowel-disease