



MENTAL WELLBEING AND SAFETY > SUICIDE > A DISCUSSION ABOUT SUICIDE

A LISTENING TO FAMILIES RESOURCE

Suicide - A discussion about suicide

Questions about suicide are answered in a conversation with a Suicidologist

QUESTIONS ANSWERED IN THIS SERIES

- ⦿ What is suicide and self harm?
- ⦿ What leads to suicidal behaviour - contextual issues
- ⦿ What leads to suicidal behaviour - risk factors
- ⦿ Talking to your young person about suicidal distress
- ⦿ What parents can do - identifying and acting on warning signs
- ⦿ What parents can do - getting professional help for your young person

and further questions

WATCH THE FULL SERIES · 9 VIDEO CLIPS

NZ families' questions about the development, health, and wellbeing of children and young people are answered in conversations with local Specialists.

listeningtofamilies.co.nz/suicide-conversations/a-discussion-about-suicide