



MENTAL WELLBEING AND SAFETY > SUICIDE > RESPONDING TO SUICIDAL DISTRESS

A LISTENING TO FAMILIES RESOURCE

Suicide - Responding to suicidal distress

Questions about responding to suicidal distress in children identified by families are answered in a conversation with a Child and Adolescent Psychologist

QUESTIONS ANSWERED IN THIS SERIES

- ⦿ What can I do if my child says that they want to kill themselves?
- ⦿ What can I do if my child's friends are thinking about suicide?
- ⦿ What if someone tells my child that they should kill themselves?
- ⦿ My child has taken an overdose - what do I do?
- ⦿ What can I do after a visit to the Emergency Department?
- ⦿ What can I do to keep my child safe?

WATCH THE FULL SERIES · 6 VIDEO CLIPS

NZ families' questions about the development, health, and wellbeing of children and young people are answered in conversations with local Specialists.

listeningtofamilies.co.nz/suicide-conversations/responding-to-suicidal-distress