



CHILD DEVELOPMENT & PARENTING > SUPPORTING FAMILIES

A LISTENING TO FAMILIES RESOURCE

Supporting Families

Questions about support for families facing mental health challenges are answered in a conversation with a Family Whanau Support worker and the Northern Regional Manager – both from Yellow Brick Rd

QUESTIONS ANSWERED IN THIS SERIES

- Supporting the family of someone that has mental health issues
- Stepping back - looking after your self
- Engaging with Yellow Brick Road
- Tailoring the package to suit the family
- The value of the men's group
- Why is the organisation called Yellow Brick Rd

and further questions

WATCH THE FULL SERIES · 12 VIDEO CLIPS

NZ families' questions about the development, health, and wellbeing of children and young people are answered in conversations with local Specialists.

listeningtofamilies.co.nz/supporting-families