



MENTAL WELLBEING AND SAFETY > TRAUMA > POST TRAUMATIC MENTAL INJURY

A LISTENING TO FAMILIES RESOURCE

Trauma - Post Traumatic Mental Injury

Questions about Post Traumatic Mental Injury (PTMI) in children identified by families are answered in a conversation with a Youth worker with medical degree – Te Tahi Youth

QUESTIONS ANSWERED IN THIS SERIES

- ⦿ What is PTMI - reframing of an existing term
- ⦿ The difference between disorder and injury
- ⦿ The brain at birth
- ⦿ Safe environment - labelling emotions
- ⦿ Impact on siblings - family working together
- ⦿ Growing up in a safe space

and further questions

WATCH THE FULL SERIES · 8 VIDEO CLIPS

NZ families' questions about the development, health, and wellbeing of children and young people are answered in conversations with local Specialists.

listeningtofamilies.co.nz/trauma/post-traumatic-mental-injury