



MENTAL WELLBEING AND SAFETY > TRAUMA > TRAUMA

A LISTENING TO FAMILIES RESOURCE

Trauma

Questions about trauma in children identified by families are answered in a conversation with a Clinical Practice Manager – START and a Child Psychologist from KidPsych

QUESTIONS ANSWERED IN THIS SERIES

- ⦿ What is this thing called trauma
- ⦿ How do I know if my child has experienced trauma?
- ⦿ Should I talk with my child about the trauma?
- ⦿ Does a traumatic event damage a child for life?
- ⦿ If my child requires support what is involved?
- ⦿ What if the parent is experiencing trauma?

and further questions

WATCH THE FULL SERIES · 10 VIDEO CLIPS

NZ families' questions about the development, health, and wellbeing of children and young people are answered in conversations with local Specialists.

listeningtofamilies.co.nz/trauma/trauma